



# Lunch Menu




Please tell your waiter when you order, if you wish to eat from the **8s before 7** menu

## Starters

	Soup of the day.	4.95
	Salad of local tomatoes, Buffalo mozzarella & pesto.	5.95
	Warm summer herb blinis topped with Rosemount smoked salmon in a caper & lemon dressing.	6.75
	Selection of award winning salamis & chorizo with roasted red pepper salsa & crisp garlic toasts.	6.95
	Cornish crab croquettes with a minted pea salad & citrus vinaigrette.	6.75
	Warm goat's cheese & red onion tart with green leaves & balsamic dressing.	5.75
	Complimentary bread & local Fussells' rape seed oils are provided while you wait for your meal. In addition we can bring you some succulent marinated Italian olives for £3.25 a pot.	

## Main Courses



All main courses are served as a complete meal with vegetables as appropriate

	Char-grilled Somerset beef burger in a sour dough bun with garlic mayonnaise, red onion compote & fries.	9.95
	Millers Lunch: A selection of local cheeses, baked ham & chutney with seasonal extras & homemade bread (vegetarian option available).	8.95
	Orecchiette pasta with summer peas, courgettes & spinach in a white wine cream sauce topped with shaved Parmesan.	8.80
	Sweet potato & coconut curry with basmati rice & lentil dhal.	8.80
	Char-grilled Thai chicken breast & salad with sweet chilli dressing.	9.25
	Boiled bacon with broad beans steamed new potatoes & parsley sauce.	8.80
	Whole Cornish sardines, pan fried with garlic chilli, local tomatoes served with fries & dressed Leaves.	9.50
	Char-grilled West Country rib eye steak topped with Dorset Blue Vinney butter, served with fries & dressed leaves.	14.95
	Char-grilled West Country sirloin steak with béarnaise sauce, slow roasted tomato, field mushroom fries & seasonal vegetables.	17.95

## Side Orders


	Green leaf salad, fries, seasonal vegetables.	3.25
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## Desserts

	Local cheeses with biscuits, homemade chutney & seasonal extras.	6.75
	A selection of Marshfield ice creams & sorbets.	4.95
	Hot chocolate & peanut butter fondant served with clotted cream.	5.95
	Local strawberry shortbread with whipped cream & strawberry sauce.	5.95
	White chocolate pot topped with raspberry compote & served with chocolate chip biscuits.	5.95
	Lemon tart served with vanilla sauce & fresh raspberries.	5.95

## 8s before 7

Please tell your waitress when you order!

Until 7pm Monday-Friday & from 5pm Sundays, when you order either a starter & main or a main & dessert from the items marked with  on the menu, the price you will pay is £8.88 per person. Not available on Bank holidays

## The Mill as your Office?

Don't forget that the Mill makes an excellent venue for a team meeting or conference. We host conferences throughout the year either upstairs or in the atmospheric wheel bar downstairs. Our rates are very reasonable & you know the food will be great, so if you find yourself looking for a venue then give us a call or drop us an email: to [info@themillatrade.co.uk](mailto:info@themillatrade.co.uk)

The Mill has joined the world of social networking. So for more offers, news & pictures follow us on....



## Children's Main Courses (Suitable for Children aged 10 & under)

Penne Pasta with tomato sauce & cheddar cheese.	5.95
4oz rib-eye steak with fries & peas.	6.95
Char-grilled breast of chicken with fries & peas.	5.95
Mini Miller: A selection of local cheeses, baked ham & chutney with seasonal extras & homemade bread. (vegetarian option available).	5.95
Boiled bacon with broad beans, steamed new potatoes & parsley sauce.	5.95

## Children's Desserts

Lemon tart served with vanilla sauce & fresh raspberries.	3.45
Local strawberry shortbread with whipped cream & strawberry sauce.	3.45
Ice cream selection, please choose 2 from the following: chocolate, strawberry, vanilla or mint choc chip	3.45
Nipperchocacino. Frothy hot choc' for tiny tots	1.25

## Coffee & Tea

Selection of teas	1.75
Cappuccino	2.35
Espresso	2.25
Latte	2.50
Mocha	2.30
Liqueur coffee	from 4.35
Hot Chocolate	2.50
Coffee	2.15

## Children

All the children's meals are made here at the Mill, using the same high quality ingredients used in all our other dishes. We understand that children can be fussy so please ask if you have any special requirements. On the first floor, opposite the bar, there is a domestic type microwave for parents to heat baby food or milk. Also on the first floor there is a children's play room, with baby changing facilities in the back left corner.

## Cyber Facelift

Our website is getting a facelift. In fact more than that it is getting an entire makeover. Over the last six years or so [www.themillatrade.co.uk](http://www.themillatrade.co.uk) has received around 1200 unique users a month generating hundreds of requests for menus, wedding brochures and reservations, it really is our shop window. However all things need freshening up over time and the new website is a big change. Galleries have always been the most visited pages, people want to see what a place looks like, so that has driven the design. Pictures are everywhere, showing The Mill in all its glory and giving a real feel for what we are all about, in addition there are web only opportunities to download special offers and information. [www.themillatrade.co.uk](http://www.themillatrade.co.uk)



## Thinking of Proposing?

We still have a small number of wedding dates available for this year. So if you have just decided to get married and can't wait to tie the knot then give us a call. You may find that the date you are thinking about is still available.

## Did you know.....

That we now serve all of our wines by the 1/2 bottle carafe, ideal for sharing if you don't want to drink a whole bottle between you; or, indeed, if you'd like to sample a couple of different wines from our wine list. The price is almost exactly 1/2 the full bottle price. We are also now serving more of our wines by the glass & you can choose from a 125ml or a 175ml size.